

SIZE CHARTS

How to Measure – Female:

Blazers / Dresses / Tunics / Blouses: Order size according to the largest of your bust, waist or hip measurements.
 Skirts and Slacks: Order size according to larger of hip or waist measurements.

MISSES' SIZING - AVERAGE HEIGHT 5'4"-5'7"

| Alpha Size | 2XS | | XS | | S | | M | | L | | XL | | 2XL | | 3XL | | 4XL | | 5XL | | 6XL | |
|--------------|-----|----|----|----|----|----|------|----|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Numeric Size | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 |
| Bust | 32 | 33 | 34 | 35 | 36 | 37 | 38 ½ | 40 | 41 ½ | 43 ½ | 45 ½ | 48 ½ | 50 ½ | 52 ½ | 54 ½ | 56 ½ | 58 ½ | 60 ½ | 62 ½ | 64 ½ | 66 ½ | 68 ½ |
| Waist | 25 | 26 | 27 | 28 | 29 | 30 | 31 ½ | 33 | 34 ½ | 36 ½ | 38 ½ | 41 ½ | 43 ½ | 45 ½ | 47 ½ | 49 ½ | 51 ½ | 53 ½ | 55 ½ | 57 ½ | 59 ½ | 61 ½ |
| Hips | 35 | 36 | 37 | 38 | 39 | 40 | 41 ½ | 43 | 44 ½ | 46 ½ | 48 ½ | 51 ½ | 53 ½ | 55 ½ | 57 ½ | 59 ½ | 61 ½ | 63 ½ | 65 ½ | 67 ½ | 69 ½ | 71 ½ |

NEW RETAIL SIZING - AVERAGE HEIGHT 5'4"-5'7"

| Alpha Size | 2XS | XS | | S | | M | | L | | XL | |
|--------------|-----|----|----|----|----|----|----|------|----|------|------|
| Numeric Size | 00 | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 |
| Bust | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 ½ | 40 | 41 ½ | 43 ½ |
| Waist | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 ½ | 33 | 34 ½ | 36 ½ |
| Hips | 34 | 35 | 36 | 37 | 38 | 39 | 40 | 41 ½ | 43 | 44 ½ | 46 ½ |

PETITE SIZING - AVERAGE HEIGHT 4'11"-5'3"

| Alpha Size | 0P | 2P | 4P | 6P | 8P | 10P | 12P | 14P | 16P |
|--------------|----|----|----|----|----|-----|------|-----|------|
| Numeric Size | 32 | 33 | 34 | 35 | 36 | 37 | 38 ½ | 40 | 41 ½ |
| Bust | 32 | 33 | 34 | 35 | 36 | 37 | 38 ½ | 40 | 41 ½ |
| Waist | 25 | 26 | 27 | 28 | 29 | 30 | 31 ½ | 33 | 34 ½ |
| Hips | 35 | 36 | 37 | 38 | 39 | 40 | 41 ½ | 43 | 44 ½ |

cherokee WOMEN'S CHEROKEE SCRUBS SIZING

Tops, Dresses, Tunics, Blouses: Order size according to the largest of your bust, waist or hip measurements. Bottoms: Order size according to larger of hip or waist measurements.
 Regular inseams 30-31", Petite inseams 27 ½-28 ½", Tall inseams 33-34"

| Alpha Size | XXS | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
|--------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Numeric Size | 0 | 2-4 | 6-8 | 10-12 | 14-16 | 18-20 | 22-24 | 26-28 | 30-32 | 34-36 |
| Bust | 31-32 | 33-34 | 35-36 | 37-39 | 40-43 | 44-47 | 48-51 | 52-55 | 56-59 | 60-63 |
| Waist | 23-24 | 25-26 | 27-28 | 29-31 | 32-35 | 36-39 | 40-43 | 44-47 | 48-51 | 52-55 |
| Hips | 33-34 | 35-36 | 37-38 | 39-41 | 42-45 | 46-49 | 50-53 | 54-57 | 58-61 | 62-65 |

WOMEN'S SIZING - AVERAGE HEIGHT 5'4"-5'7"

| Alpha Size | 1XW | 2XW | | 3XW | | 4XW | | 5XW | |
|--------------|------|------|------|------|------|------|------|------|------|
| Numeric Size | 16W | 18W | 20W | 22W | 24W | 26W | 28W | 30W | 32W |
| Bust | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 |
| Waist | 37 ½ | 39 ½ | 41 ½ | 43 ½ | 45 ½ | 47 ½ | 49 ½ | 51 ½ | 53 ½ |
| Hips | 46 ½ | 48 ½ | 50 ½ | 52 ½ | 54 ½ | 56 ½ | 58 ½ | 60 ½ | 62 ½ |

MISSES' SCRUBS SIZING

| Alpha Size | XS | | S | | M | | L | | XL | |
|--------------|----|----|----|----|----|----|------|----|------|------|
| Numeric Size | 0 | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 |
| Bust | 32 | 33 | 34 | 35 | 36 | 37 | 38 ½ | 40 | 41 ½ | 43 ½ |
| Waist | 25 | 26 | 27 | 28 | 29 | 30 | 31 ½ | 33 | 34 ½ | 36 ½ |
| Hips | 35 | 36 | 37 | 38 | 39 | 40 | 41 ½ | 43 | 44 ½ | 46 ½ |

cherokee MEN'S CHEROKEE SCRUBS SIZING

If your size falls in between, order the larger size.
 Pants: Give regular waist and inseam measurements.
 Regular inseams 31-32", Short inseams 29-30", Tall inseams 34-35"

| Alpha Size | XXS | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |
|------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Chest | 29-31 | 32-34 | 35-37 | 38-40 | 41-44 | 45-48 | 49-52 | 53-56 | 57-60 | 61-64 |
| Waist | 22-24 | 25-27 | 28-30 | 31-33 | 34-37 | 38-41 | 42-45 | 46-49 | 50-53 | 54-57 |
| Hips | 29-31 | 32-34 | 35-37 | 38-40 | 41-44 | 45-48 | 49-52 | 53-56 | 57-60 | 61-64 |

WOMEN'S SCRUBS SIZING

| Alpha Size | 1XW | 2XW | | 3XW | | 4XW | | 5XW | |
|--------------|------|------|------|------|------|------|------|------|------|
| Numeric Size | 16W | 18W | 20W | 22W | 24W | 26W | 28W | 30W | 32W |
| Bust | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 |
| Waist | 37 ½ | 39 ½ | 41 ½ | 43 ½ | 45 ½ | 47 ½ | 49 ½ | 51 ½ | 53 ½ |
| Hips | 46 ½ | 48 ½ | 50 ½ | 52 ½ | 54 ½ | 56 ½ | 58 ½ | 60 ½ | 62 ½ |

How to Measure – Male:

Coats / Blazers: Give regular coat size or chest measurement. If your size falls in between, order the larger size.
 Shirts: Give actual neck size. Pants: Give regular waist and inseam measurements.

MEN'S SIZING - AVERAGE HEIGHT 5'8"-6'0"

| Alpha Size | XS | | S | | M | | L | | XL | | 2XL | | 3XL | | 4XL | | 5XL | | 6XL | |
|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| Chest | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |
| Neck | 13 | 13 ½ | 14 | 14 ½ | 15 | 15 ½ | 16 | 16 ½ | 17 | 17 ½ | 18 | 18 ½ | 19 | 19 ½ | 20 | 20 ½ | 21 | 21 ½ | 22 | 22 ½ |
| Waist | 24 | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 |
| Hips | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | 64 | 66 | 68 |

UNISEX SIZING

Unisex sizes are based on men's sizes with a fit appropriate for both men and women.

| Alpha Size | XXS | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL | 6XL |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Unisex Chest/Bust | 31-32 | 33-34 | 35-37 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 | 66-68 |

HAT SIZING

Place tape measure at the middle of the forehead, slightly above the ears, and measure the circumference of the head, keeping tape measure parallel to floor around entire head. Tape measure should be kept snug, but not tight. Measuring 2 or 3 times for accuracy is recommended.

| Alpha Size | XS | S | M | L | XL | 2XL |
|--------------|-------------|-------------|-------------|-----------|-------------|-------------|
| Numeric Size | 6 ½ - 6 ¾ | 6 ¾ - 6 ⅞ | 7 - 7 ⅛ | 7 ¼ - 7 ⅜ | 7 ½ - 7 ⅝ | 7 ¾ - 7 ⅞ |
| Inches | 20 ¾ - 20 ¾ | 21 ⅛ - 21 ½ | 21 ½ - 22 ¼ | 22 ⅝ - 23 | 23 ⅜ - 23 ¾ | 24 ⅛ - 24 ½ |

BELT SIZING

To ensure a proper fit, add two inches to your waist measurement when selecting a size. Your belt should fit comfortably when worn using the center hole. Or, using an existing belt that fits well, measure from the center hole to where the buckle connects to the strap. (Do not measure from end to end.)